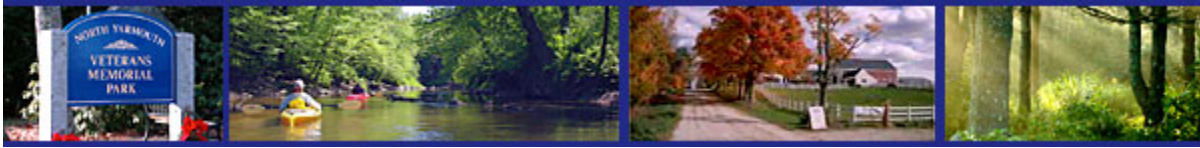


December 30, 2016



Town News



Municipal Offices Closed

Monday – January 2, 2017: New Year’s Day Holiday

Municipal Offices Closing at 12 noon

Wednesday – January 11, 2017: Mandatory State Training

Municipal Offices Closed

Monday – January 16, 2016: Martin Luther King Jr. Day

2017 Dog Licenses Available NOW

At the Town Office during office hours or [online](#)

Per State Law, any dog license that is not renewed after January 31st will be subject to a \$25 late fee (per dog).



Dog Licensing Fees:

- \$6 per year for spayed/neutered dogs
- \$11 per year for dogs not spayed/neutered

NOTE: If your dog as sadly passed away during the past year please notify the Town Office at 829-3705 or email Stacey@northyarmouth.org





SAND for DRIVEWAYS

Winter sand is available for residents' personal use. Each residential dwelling is eligible for up to 20 gallons (four 5 gallon pails) of sand per storm.

The use of municipal sand for the sanding of private roads is prohibited.

Mailbox Damage: The Public Works Department does its best during snowplow operations to avoid damaging any personal property, but anything erected or located in the Town's right-of-way is the property owner's responsibility to replace if damaged during normal snowplow operations. [Click here](#) for detailed information about how to reduce mailbox damage.



Protect yourself, your loved ones and your home with these cold weather safety tips provide by the Fire Rescue Department. [Click Here](#)



Are you looking for a way to help out in your community? The Town Manager is looking for Volunteers for the following Municipal committees...

- ❖ *Board of Assessment Review*
- ❖ *Budget Committee*
- ❖ *Comprehensive Plan Committee*
- ❖ *Economic Development & Sustainability Committee*
- ❖ *Living Well in North Yarmouth*
- ❖ *North Yarmouth School Fund Committee*
- ❖ *Parks & Recreation Committee*
- ❖ *Planning Board*
- ❖ *Zoning Board of Appeals*

If interested please contact the Town Manager, Rosemary Roy at 207-829-3705 or email manager@northyarmouth.org



[1-3-2017 Select Board 7pm](#)

[1-4-2017 Parks & Recreation 7pm](#)

[1-5-2017 Communications Advisory Board 5:30pm](#)

[1-10-2017 Planning Board 7pm](#)

[1-12-2017 Wescustogo Building & Design 7pm @ NYMS](#)

Community News



Mornings With Friends

January 18, 10:00-11:30

Congregational Church of Cumberland (282 Main Street)



Come join us for a morning with friends! Learn about SMAA's resources for older adults and caregivers, how to get the most out of every doctor's visit, get tips on taking care of yourself while caring for others, explore options for future care needs, learn about respite care and support groups.

FMI: Deborah.gray48@gmail.com or AIPCumberland.org

AIP: 207-829-2205, For Rides, call 829-3367

Free and Open to the Public * Coffee, Tea & Goodies

SENIORS: Need Help with Shoveling, Pet Walking, or Minor Home Repair?

Cumberland Aging in Place & GHS students can help.

Call AIP Friendly Visitor Line at 245-8033 or sign up at the Aging in Place kiosk at Town Hall



Cumberland & North Yarmouth Seniors 60+ & people with disabilities

Thanks to the generosity and community spirit of the Cumberland Aging in Place Committee, North Yarmouth seniors will have access to extra help this winter. The AIP Friendly Visitor volunteers, along with students from Greely, will help with shoveling, pet walking and minor home repairs.

Interested? Call 245-8033 - the Cumberland AIP Friendly Visitor.

Residents in North Yarmouth will soon be asked to become involved in a similar project called Living Well in North Yarmouth - An Age-Friendly Community. A survey will be sent out in early January, which will help assess quality of life issues for seniors - similar issues that affect everyone in town. The committee organizing the survey is looking for other people interested in these issues. Want to help? FMI: call Steven Palmer at 829-5004.



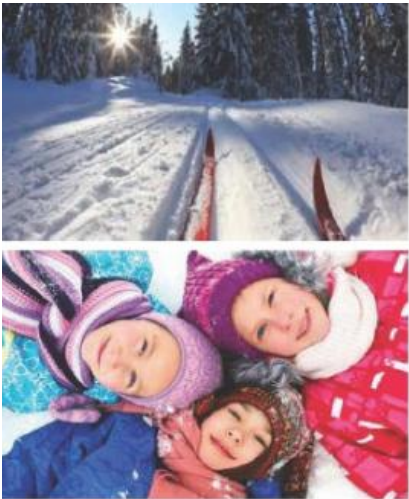
Gentle Yoga
for Seniors Classes

Mondays 11am to 12:15pm
at the former Memorial School
(120 Memorial Highway)

This is a donation class being offered to seniors in our community. Wear comfortable clothes; bring a Yoga mat if you have one. Mats will be provided for those who do not have one.

Class begins with simple meditations and a breathing exercise in seated or reclining position. We move into gentle warm ups with a series of stretching, range of motions, and gentle asanas. The later of the class will be restorative utilizing a variety of props to support the body, mind, and spirit.

FMI – Contact Joanne Sullivan at 829-6093 or sullijo@gmail.com



**Winter/Early Spring
Programs
2017**

The Cumberland/North Yarmouth Community Recreation Department will be mailing out their Winter/Early Spring Recreation Brochure to all residents within the next week! Registrations are now being accepted. Please click on the links below to register for classes and view the online brochure.

[Winter/Early Spring Brochure](#)
[Online Registration](#)



The Community Food Pantry Is in need of the following items

Stuffing Mix and Gravy
Jams and Jellies
Tuna Fish
Spaghetti Sauce
Hamburger Helper
Personal Hygiene Items - Shampoo, Soaps, Deodorant, Toothpaste, Toothbrushes
Household Cleaning Supplies

Baked Beans
Salad Oil
Boxed Mac and Cheese
Spaghettios
Condiments - Ketchup, Mustard, Mayonnaise

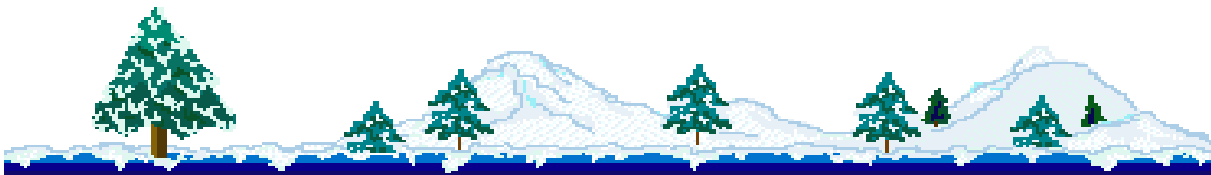
Donations can be dropped off in the Cumberland Town Hall lobby (290 Tuttle Rd., Cumberland), when open, or at the Community Food Pantry on Friday afternoons.
We continue to be thankful for all of your support and donations!

MSAD#51 News

Classes resume Tuesday, January 3, 2017



School Board Meeting Tuesday, January 3, 2017 at 7pm.



Disclaimer - Requests to be included in Reminders from Town Hall are at the discretion of the Communications Subcommittee. The posting of announcements, reports, documents and links (embedded or otherwise) included or attached to Reminders From Town Hall does not necessarily reflect the official opinion, policy or position of any Board, Committee, Commission, Department or employee of the Town of North Yarmouth, Maine. E-mail addresses associated with Reminders from Town Hall are considered public information and may become public knowledge.