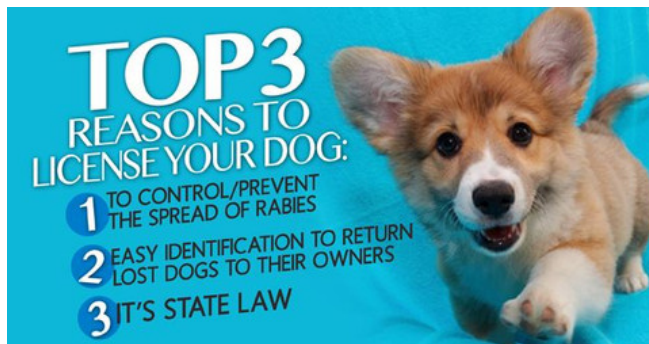




November 17, 2017



Town News



2018 Dog Licenses Available Now

Dog Licensing Fees:

\$6 per year for spayed/neutered dogs

\$11 per year for dogs not spayed/neutered

Per state law, any dog license that is re-licensed after January 31, 2018 will be subject to a \$25 late fee.

3 Easy Ways to Register/Renew Your Dog License:

#1: Go online to complete the registration at: [State of Maine Online Dog Registrations](#)

#2: Stop by the Town Office and register your dog in person. *Make sure you have a copy of your dog's rabies certificate!*

#3: Complete the application available on the [Town website](#) & mail the following to Town of North Yarmouth, 10 Village Square RD, North Yarmouth, ME 04097

1. -your application
2. -your payment (checks made payable to the Town of North Yarmouth)
3. -copy of your dog's rabies

Once it is processed, we will mail you back your dog license.



Municipal Offices Closed

Wednesday, November 22, 2017

Thursday, November 23, 2017

for the Thanksgiving Holiday Break



Introducing...

Keeping It Simple

“Keeping It Simple” is a new opportunity for citizens to engage in conversation with one or two of your town leaders in a comfortable, relaxed setting.

Talk about Town issues you are interested in. Share your ideas. Contribute to finding solutions.

- Every 4th Tuesday of the month - Evenings from 7 pm to 8 pm.
- Every 4th Wednesday of the month - Mornings 8 am to 9 am
(NOTE: the 11/22/17 session has been rescheduled to 11/29/17)
- Every other 4th Saturday of the month - Mornings from 10 am to 11 am.

“Keeping It Simple” will be held in the Town Office Meeting Room ~ Refreshments will be served.



Volunteers are the heart of the community. Are you looking for a way to help your community?

Economic Development and Sustainability Committee

Meets once a month.

This committee works on the development and promotion of sustainable economic strategies supported by the community that will strengthen the local economy, utilize resources and meet the current and future needs of North Yarmouth.

The committee is currently working on the placement and setup of Tax Increment Financing districts within the Village Center.

3 members needed.

Planning Board

Meets once a month.

The Planning Board is responsible for oversight and management of the North Yarmouth Land Use Ordinance. The Board works closely with the Code Enforcement Office to uphold and fulfill the town's ordinance as well as related state laws providing revisions recommendations or as needed or required.

2 alternate members needed.

Joint Standing Committee North Yarmouth & Cumberland

Meets as needed.

The Joint Standing Committee members work together on the different community services and facilities that are shared between the two towns with the focus on Adult & Youth Recreation programs, Prince Memorial Library, and parks, i.e., Knight's Pond Preserve. Because the two towns share management of these, community leaders meet as to maintain services and provide for positive communications.

1 NY citizen member needed.

Budget Committee

Appointed Positions

Meets January - April.

It is the responsibility of this committee to review of the Town Manager's proposed town budget providing input or suggestions regarding proposed expenditures and revenues to the Town Manager and the Select Board.

2 members needed.

Living Well in North Yarmouth **Meets once a month.**

The Living Well in North Yarmouth assesses community needs, catalogs available services, and inventories the town for its assets regarding issues of aging. The committee works to develop and implement strategies to respond to the needs/desires expressed by the townspeople. The committee sponsors community activities such as the Knox Box Program, Ice Cream Social, Ping Pong, the Kite Festival, and the First Greeter program.

2 alternate members needed.

Zoning Board of Appeals

Meets as needed.

The Zoning Board of Appeals conducts its affairs in accordance with the provisions of the town's Land Use Ordinance and state laws. Upon request, this Board administers hearings of variance and similar types as described under Section 6.2 of the North Yarmouth Land Use Ordinance Section 6.2.

1 regular & 2 alternate members needed.

BECOME A VOLUNTEER - MAKE A DIFFERENCE



Contact the Town Office 829-3705, register at online, or email the Town Manager - manager@northyarmouth.org today!



Brush Dump Hours

- Monday - Thursday: 7am to 4pm
- Saturday: 8am to 3pm
- Sunday: 9am to 1pm

Located behind the PWD Garage at
40 Parsonage RD

Winter Parking Ban



No Parking

The parking of vehicles upon any public highway between the hours of 12:01AM and 6AM during the period from November 15th through April 15th is prohibited.

Any vehicles parked in violations of this ordinance may be hauled away at the owner's expense in accordance with the provisions of MRSA Title 29 Sec. 4.



North Yarmouth Fire Rescue Residential Knox Box Loaner Program



North Yarmouth Fire Rescue offers a residential Knox Box program available to residents with special needs of any age. A Residential Knox Box is a rapid-entry system designed to provide secure emergency access to a home or property to those living alone or with a history of medical problems.

FMI contact Chief Payson at 829-3025 or email firechief@northyarmouth.org or visit our website by clicking [here](#)



- 11-21-2017 Select Board 7pm
- 11-25-2017 Keeping it Simple 10am
- 11-28-2017 Keeping it Simple 7pm
- 11-29-2017 Keeping it Simple 8am
- 11-29-2017 Comprehensive Plan Committee 6:30pm



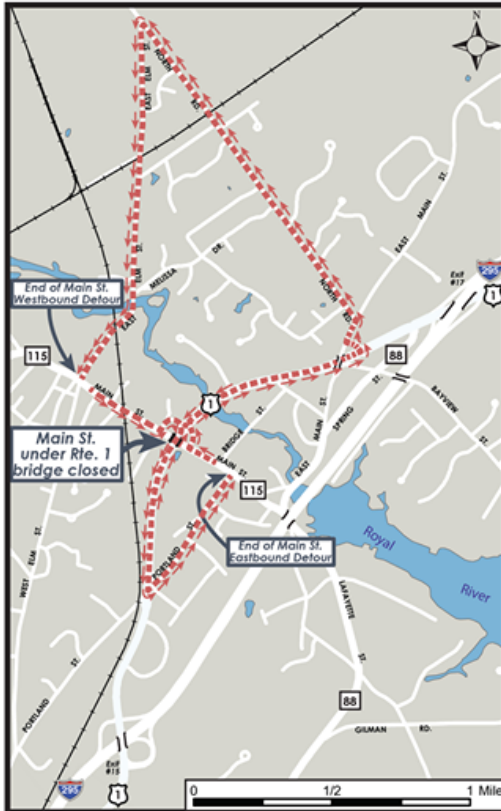
**Curbside Recycling & Trash Pickup for
Thursday, November 23, 2017
Will Be Collected on
Friday, November 24, 2017**



Traffic Alert

Main Street Yarmouth Closed November 17th - 20th

Main Street in Yarmouth will close at 10 p.m. Friday, November 17th and reopen Monday, Nov. 20th at 4 a.m. while crews work around the clock to demolish parts of the Route 1 bridge that spans Main Street. There will be no pedestrian or motor vehicle access to Main Street directly under the bridge during this weekend.



Route 1 will remain open during the Main Street closure and drivers will still be able to access Route 1 from Main Street via York and School streets. There will be one lane of traffic in each direction on the Route 1 bridge throughout the year of construction.

The \$4.1 million project is expected to be completed by November 2018. The new bridge will include a 5-foot paved sidewalk on the east side of Route 1 and a new 10-foot multi-use path on its west. New lighting, railings and illuminated crosswalks will be installed to ensure safety. The new bridge will also have an extra foot of clearance underneath on Main Street - up to 15 feet 6 inches from 14 feet 7 inches.

All construction will be suspended during the 2018 Clam Festival in July.

MaineDOT regrets this inconvenience and encourages motorists to drive safely. Thank you.



MaineDOT

Supporting Firefighters for Kids & Special Olympics



Come join us at the Craft Fair for food and locally made crafts. All food proceeds go towards Firefighters for Kids & The Special Olympics! There will also be a raffle with many items from crafters/vendors! Do your holiday shopping early & Support your Local Crafters!

FREE HARD DRIVE SHREDDING & MEDICINE DISPOSAL EVENT



**Cumberland County
Sheriff's Office**



and the

...are together, shredding again!

Only this time, it's unwanted electronics! This Saturday, bring your old computer equipment to the Cumberland County Sheriff's Office in Portland to be destroyed and safe from predators.

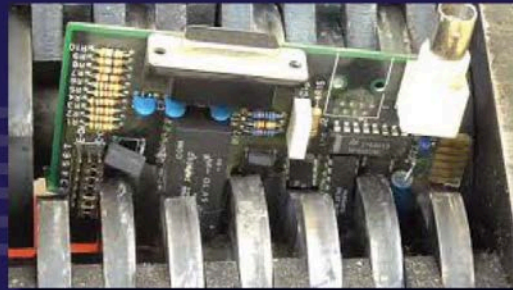
Saturday, November 18th

10:00 - 2:00

Cumberland County Sheriff's Office

36 County Way Portland, ME

FMI (207) 774-1444 ext. 2115



Did you know? The hard drive on your personal computer or digital copier could contain sensitive information. Don't dispose of your old electronics without safely destroying your hard drives.

Shredding Fine Print: Your hard drives will be shredded on-site free of charge.

Maximum quantity per person = 3 hard drives.

If you desire, once the hard drive has been destroyed, your computer can also be disposed of for free.

Medicine Disposal Fine Print: The Cumberland County Sheriff's Office will also safely dispose of your expired or unwanted medications at this event.

Santa's Workshop Christmas Fair

North Yarmouth Congregational Church

Saturday, Nov. 18, 2017, 9 a.m. to 2 p.m.

3 Gray Road



In addition to the chicken pie luncheon, silent auction, and gift basket raffle, come shop in a friendly, relaxed atmosphere for unique country crafts, hand-knitted items, vintage and antique items, extra-sharp cheese from a wheel, cookie walk, baked goods, candy, fresh greens, ornaments, jewelry, and plants. For children, there will be face-painting. Our facility is handicap accessible. FMI contact the church office at 829-3644 or nycc@maine.rr.com.





Small Business Saturday is a nationwide movement to celebrate and support small businesses every day and to help communities thrive. Join us on **Saturday, November 25th** in supporting the local businesses here in North Yarmouth! Click on the link to view the [Town of North Yarmouth Business Directory](#).

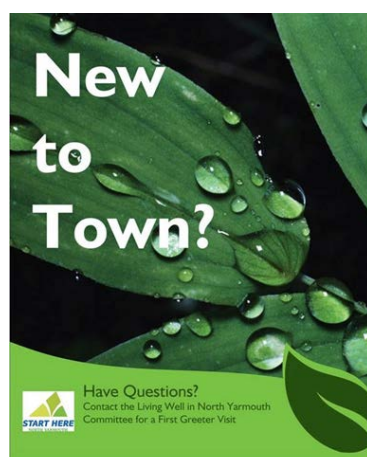


Help support our good work right her in our community! The Cumberland/North Yarmouth Lions Club has been active in our community since 1961. All of our fundraising efforts stay 100% local and help with things like: Greely High School senior scholarships; the Community Food Pantry; support for area seniors; and the collection and distribution of eyeglasses and hearing aids. We are always looking for new members -- please consider joining us!

For more information, contact:

-Darla Hamlin (207-831-0160) or darla@softtrac.com

-Marilyn Matthews (207-329-6838) or marilyn@averillins.com



First Greeter is a program that welcomes new neighbors by reaching out to meet them and to help them become acquainted with their new town.

Town officials estimate approximately 30 new residents (households) join our community annually.

First Greeters reach out to these folks and with permission, meet them, answer questions and become neighbors.

If you would like a First Greeter to visit email firstgreeter@northyarmouth.org or call 829-6230.

Cumberland/North Yarmouth Lions Club

www.CNYLions.org



22nd Annual

2017 Florida Citrus Sale

to benefit Greely High School's Senior Class in College Scholarships and support of Project Graduation
Since 1987 over \$225,000 has been awarded in Scholarships and Support.



Order Deadline: Friday, December 1st

These boxes of Florida citrus make excellent gifts for the holidays!

Please take the time today to order online at www.CNYLions.org or mail this order form back to us to assure the prompt delivery of your fresh Florida citrus. We expect delivery from the Florida groves around the 16th of December. We offer **FREE delivery** of the fruit as soon as we receive it to residents of Cumberland, North Yarmouth, Falmouth, and Yarmouth. Please make sure to include your phone number and email address on this form. Your contact information will not be shared.

For questions or more information: phone us at 671-7851, or email us at CitrusSale@cnylions.org

ORDER FORM

Detach and mail to:
CNY Lions Club - Citrus
1 Hemlock Drive
Cumberland, ME 04021

* Please consider donating boxes of citrus to our Community Food Banks. We will deliver to support those in need.

Thank you for your support

Name _____

Street & Town _____

Telephone # _____ Email address _____

Your Box Order	Donated* Box Order				
_____	_____	Oranges	\$28.00 per 20-pound box	=	\$ _____
_____	_____	Grapefruits	\$28.00 per 20-pound box	=	\$ _____
_____	_____	Oranges & Grapefruits	\$28.00 per 20-pound box	=	\$ _____
Enclosed is my check payable to Cumberland/North Yarmouth Lions Club for					\$ _____

You can order online at: www.CNYLions.org
Order Deadline is Friday, December 1, 2017



Wednesday
Nights



Wednesday Night Ping Pong

At the NYMS facility 6:30pm to 8pm

Everyone is Welcome!

It's Free and Fun!

Paddles & Balls Provided

FMI – Contact Steve Palmer at
shpalmer@maine.rr.com

Living Well in North Yarmouth





Presents

“Guys and Dolls”

The celebrated musical comedy by Frank Loesser will come to life on the GHS stage in November. Set in the 1940's, a lively cast of characters including gangsters, gamblers, showgirls, and missionaries takes the audience from New York City to Havana, Cuba with lively songs and a dicey plot. Secret gambling, saucy hot box numbers, a holy-rolling church mission, and unpredictable romance will be enhanced by memorable Broadway tunes including: “Sit Down You’re Rocking the Boat”, “Luck be a Lady” and “I’ll Know.” Get in on the action!

Dates: Thur.-Sat. November 16, 17, & 18 at 7:30pm; Sunday, Nov. 19 matinée at 2pm

Tickets are \$10 for adults / \$8 for students/senior citizens.

Tickets can be purchased at GHS during show week and at the door prior to each show.

303 Main St. Cumberland Center; 04021

For more information go to: www.greelydramaboosters.org.

Special Event on Opening Night: Thursday, November 16th

Senior Citizen tickets for Opening Night will be available for \$6 with reservations at Louie’s Grille for 11/16 beginning at 5 pm. Blue plate specials and regular menu will be available for purchase. For dinner reservations call 489-9087. Tickets for the Thursday night show will be held at the door for restaurant patrons.

10th Annual Turkey Trot

Thursday, November 23rd @8am-11:30am (Greely Campus/Main Street)



Bring the family, join your community and friends and walk or run in Greely Hockey's 10th Annual Thanksgiving Day Turkey Trot! Race begins at 8am so there is plenty of time to prepare your feast after the race. You can even win a pie to bring home for dessert! The race begins at Greely High School and is run on a certified 5K course with NEW chip timing! We hope to see you on Thanksgiving morning!

Online registration is available [here!](#)
(8 years and under are free.)

For more information, see the Turkey Trot link on the www.msad51.org home page, or contact Dina Lattanzi at dlattanzi@msad51.org, or Susan Horton at hortos157@yahoo.com.



PARENTING ANXIOUS KIDS: HOW TO HELP YOUR ANXIOUS CHILD BECOME MORE COURAGEOUS AND INDEPENDENT

Please join us on **Wednesday, December 6th at the Mabel I Wilson Library, 6-8pm**, for this interactive session led by Elizabeth Kubik, anxiety expert and PhD in Clinical Psychology.

All children experience worry and anxiety as they grow up and up to 20% have a diagnosable anxiety disorder.

Parents often cope with their children's worry and fear by providing constant reassurance ("There is nothing to worry about, you will do fine on the test") and by helping their kids to avoid fearful situations ("If you are too scared to take the bus, I will drive you to school") because nothing else seems to work. Yet these comforting responses don't solve the problem and ultimately impair the development of skills and tools for handling worry and anxiety.

This session (1 hour presentation + Q&A and discussion time) will teach parents how anxiety works and will outline a practical, research-based approach for parents to help their anxious children become more independent and courageous - and ultimately more fully engaged in life.

Space is limited. Please register for this [free session](#) or visit our [website](#) for information.

A poster for the event "Parenting Anxious Kids". The background is a close-up of a child's face, focusing on a green eye. The title "Parenting Anxious Kids" is in large white font. Below it, the subtitle "How to Help your Anxious Child Become More Courageous and Independent" is in smaller white font. The date and time "Wednesday, December 6th, 2017 - Mabel I Wilson School Library – 6-8 p.m." are in white. A red banner at the bottom contains the text "PARENT UNIVERSITY" in white, and below that, "Sponsored by GREELYPTO & Foundation 51" in white.

Parenting Anxious Kids
How to Help your Anxious Child Become More Courageous and Independent
Wednesday, December 6th, 2017 - Mabel I Wilson School Library – 6-8 p.m.
PARENT UNIVERSITY
Sponsored by GREELYPTO & Foundation 51

Parents often cope with their children's worry and fear by providing constant reassurance and by helping their kids to avoid fearful situations, because nothing else seems to work. Yet these comforting responses don't solve the problem and ultimately impair the development of skills and tools for handling worry and anxiety.

This session (1 hour presentation + Q&A and discussion time) will teach parents how anxiety works and will outline a practical, research-based approach for parents to help their anxious children become more independent and courageous - and ultimately more fully engaged in life.



Lead Presenter - Elizabeth Kubik

Elizabeth has been working in private psychology practice with adults and adolescents for over 10 years and she specializes in the treatment of OCD and anxiety disorders. Elizabeth earned her PhD in Clinical Psychology from the University of Maine and her BA from Colby College. She has trained with the world's leading experts on OCD and anxiety, and recently completed a series of intensive Behavior Therapy Training Institutes for anxiety treatment through McLean Hospital's OCD Institute in Boston. She has worked at various inpatient and outpatient settings including Boston University's Medical Center, Harvard University's Boston VA Medical Center, Togus VA Medical Center, and Kennebec Valley Behavioral Health Center.



Co-Presenter - Rebecca Brown

Rebecca Brown, LCSW currently works at Maine Behavioral Healthcare as the Clinical Manager for the Department of Clinical Innovation. In her current position, Rebecca oversees the implementation of evidence based child trauma treatments locally and throughout the State of Maine. Rebecca has extensive experience providing training on a wide range of topics related to childhood anxiety, stress, and traumatic stress. Rebecca has advanced training and practice in four evidence-based child treatments and provides training and consultation to other clinicians in treating and supporting children and families exposed to stress and trauma. Rebecca has co-authored multiple national resources on the impact of domestic violence on children and received her MSW from Boston College. When Rebecca is not working on behalf of children, she enjoys spending time with her husband, two young sons, and dog and sharing with them the beauty of the outdoors.

SPACE IS LIMITED. PLEASE [REGISTER](#) FOR THIS FREE EVENT.

Visit greelypto.org on the Parent University page for more info, upcoming dates and registration info.

QUESTIONS? Email us at greelypto51@gmail.com.



Disclaimer - Requests to be included in Reminders from Town Hall are at the discretion of the Communications Sub-committee. The posting of announcements, reports, documents and links (embedded or otherwise) included or attached to Reminders From Town Hall does not necessarily reflect the official opinion, policy or position of any Board, Committee, Commission, Department or employee of the Town of North Yarmouth, Maine. E-mail addresses associated with Reminders from Town Hall are considered public information and may become public knowledge.