

## Minutes

### Living Well in North Yarmouth Committee December 4, 2017

Committee Members Present: Ginny Vandyke, Stephen Harris, Gay Peterson, Priscilla Brobst, Rod Duck Palmer, Donna Palmer

Gay gave the committee a brief overview of the 1<sup>st</sup> Greeter program progress. Many (and many more) new residents have been Greeted and most have been very happy that someone reached out to them. They have been very well-received. Gay said that we could use additional volunteers.

Priscilla reported on the Tuesday Socials being held at the church. She said that the people who attend are the same ones and that they are having a good time. She expressed concern that winter might deter people from coming out.

Ginny reported on our Rides initiative. It has been a struggle to confirm the volunteers that we thought would. Ginny and Stephen will persist. Rob Dransfield, from the Congregational Church, has also volunteered. We received another request for rides from a town resident.

Donna said that she had sent press releases to solicit riders and drivers.

We began the discussion of domains with **“Outdoor Spaces and Building”**. We focused on town-owned domains. We agreed that a Walk Assessment, as well as a rest stop assessment would be helpful. It may be that the Living Well Committee has already done this. **Steve** will contact Ken Filliter to discuss. We will also look at the current conditions. Do they indicate accessibility?

Under **“Communication and Information”**, we listed the current avenues used by the town and other town departments. Skyline, to communicate with all. Committee members reiterated their support for the idea, made early on, of publishing a monthly print newsletter. We will reach out to the Communications Advisory Committee to see if necessary, offer to help with this. We also discussed placing a Town Notices sign near the intersection of Main and 115. This is currently being discussed by the CAC.

The discussion about **“Social Participation”** evolved into a brainstorming session about other activities that have been recently added to activities at the school) that we might be interested in exploring.

Some ideas:

Community Garden

Exercise facility at the school

Puzzles – Dominos - Cribbage

Project shed (where folks can gather to work on projects)

This domain is the one that, as a result of our survey findings, will receive much committee attention. We agreed that the Action Plan is a dynamic document that we use to guide us going forward.

We briefly discussed the **“Housing”** domain. We agreed that we should advocate for improved land use and zoning ordinance modification that will encourage development in the Village Center. We also agreed that modifications to enable aging in place and/or home maintenance are important. More discussion on this will be at the next meeting.

Next meeting: Monday, December 11, 2017 at **1 pm**. We will continue the discussion of our Action Plan. Karen Campbell from Cumberland Aging in Place will attend.

Meeting adjourned at 2:30 pm.