

Living Well in North Yarmouth Committee Meeting Minutes

May 23, 2022

Attendees: Guests - David Reed

Members - Steve, Donna, Ginny, Gay, Peter, Peg, Diane and Al

Steve called the Meeting to Order at 7:00 P.M.

Helping with Community Center on June 6: Mari said she needed to take the day away from the Center on Monday, June 6, and Living Well members were asked to help cover the staffing of the center for that one day. Six members offered to help. After some discussion, the following schedule was agreed to, and Diane offered to send a reminder out a day or two before June 6.

7:30 AM – Steve will open the Center and disarm the alarm system.

7:30 – 10:00 AM – Diane – Events: Yoga from 7:45 – 10:00; Barrett Mead

Conference in Community Room from 8:30 AM to 5:00 PM.

10:00 AM to 12 Noon – Al

12 Noon to 2:00 PM – Peter

2:00 to 4:00 PM – Gay

4:00 to 5:00 PM – Steve

Steve will close and set the alarm at 5:00 PM. There are no evening events or activities scheduled for that evening.

Minutes: Diane moved, Ginny seconded, to approve the Minutes of the March 28, 2022

meeting. One addition to the Minutes is to add Peg as an Attendee. With this addition, **Minutes approved unanimously.**

OLD BUSINESS

Thank You Note to Trucking Companies: Diane reported that she has hand delivered many of the letters because the cost of mailing ten tokens was high. David has already heard positive feedback through the grapevine. Diane has two more to deliver and may mail the final 8. Peg offered to help deliver two letters in Freeport and Yarmouth. LW may pay for the final few to be mailed, with a potential cost of \$5 per envelope for potentially 8 letters, plus the cost of the envelopes. **Peter moved, Al seconded, that Living Well expend up to \$50 to pay for any mailing needed. Motion passed unanimously.**

Ice Cream Social Review: Steve asked for feedback on the event. Gay chimed in, “Everyone had a great time!” Diane added, “The whole event ran smoothly.” David said he hopes the town can have a public event such as the Ice Cream Social every two months throughout the year. Steve reported that the event took in about \$525 and had around \$200 in expenses, mostly for the ice cream. Donna will send out the final financial breakdown. Diane liked that LW paid for the Toots’

ice cream, supporting the local business. Donna suggested making a small donation to 317 Main in appreciation of the musicians who attended. **Diane moved, Gay seconded, to send 317 Main a thank you with a \$50 donation. Motion passed unanimously.** Steve thanked Gay for organizing the volunteers and setting up the space so beautifully!

Story Walk Project: Ginny and Parks and Recreation member Bob Abbott walked the potential trail multiple times and flagged the walk. The trail starts along the ridge behind the Community Center, then does a loop into the woods. Total distance is 0.4 miles, and the tentative plan is to have 20 stations to display the book pages. It was noted that the Select Board needs to approve this project before clearing can begin. Diane will write a description of the project along with a copy of the map and photos from other Story Walk sites. She will send out her description to the members and to Bob Abbott, and when approved, will aim to get on the June 7 Select Board agenda. She will present with Bob if he is available and perhaps with a parent of a young child. If Select Board approves, then clearing may start in June. If Select Board has questions or it does not make it on the June 7 agenda, then the project will be discussed at the June 21 Select Board meeting. The tentative goal is to pilot the new trail this year, perhaps with temporary stations made from political sign wire ladders and cardboard. Members will explore costs of permanent metal stations, or wood ones, and explore funding options depending on costs. Wood materials may be available from several current members to help defray the costs.

NEW BUSINESS

Kite Festival – Saturday, October 1: Steve confirmed that the Pan Fried Steel Band will play at the Festival. **Gay moved, Peter seconded, to allocate \$400 to pay the Band.** Steve noted that he has already bought kites, and there are no other major expenses expected. Donna reported that purchase of Cornhole Boards has been approved by AARP, and LW should receive the funds from AARP by mid-June. The Cornhole game will be part of the Festival. **Motion to approve \$400 for the band passed unanimously.**

Recent Requests: Ginny reported she gave a ride to one resident to the dentist. Steve reported that he got a call from Greg Payson requesting a wellness check on a couple. Ginny, Gay and Rob Wood helped the couple out over five days. “Easy to do,” said Ginny. All were happy to help.

Chocolate Festival in February: Future agenda item will be discussion of a Chocolate Festival and/or a Chili/Chowder community event. It was noted that other community events, such as at Skyline Farm and soon in the newly renovated Old Town House will also be happening and LW should collaborate or at least not schedule events in the same timeframe.

NEXT MEETING: Monday, June 20, 7:00 PM, Community Center

Adjournment: Meeting adjourned at 8:05 PM

Minutes recorded by Peter Lindsay