

Town of North Yarmouth  
Living Well in North Yarmouth Committee  
October 18, 2021 Zoom Meeting  
Agenda/Minutes

I. **Call to Order:** Steve Palmer 6:57pm

II. **Attendance:** Steve Palmer, Donna Palmer, Gay Peterson, Peggy Leonard, Ann Dillon, Peter Lindsay, Alvin Ahlers, Ginny Vandyke

III. **Minutes** of September 13 Meeting Approved (7 Yes; 1 Abstain/absent)

IV. **Old Business**

**LW Goals - Domain: Social Participation**

Advocate for designated **senior space and/or time at WHCC**

We continue to advocate for senior space in Community Room at WHCC, Coffee/Tea Party, Cribbage, Mahjong and other activities. Gay, Peg and Ann will continue to work with Lisa Thompson to be sure activities for all ages (including seniors) will be planned at WHCC

**Organize Celebrate our Parks** - LWNy would like to collaborate with other committees, such as Parks & Rec Ex: Pick a Park - plan an activity in each town park

Old Town House Park, Chandler Brook, Sam Ristich Trail, Knights Pond, Baston Park. Ideas generated: marshmallow roast, scavenger hunt, ice skating, snow shoeing. Steve will reach out to Parks & Rec Committee and ask if a couple members of LWNy could attend their December meeting to see if they have interest in collaborating with us to celebrate our parks. Parks are major attributes to our town and planning activities in the parks adds to living well in North Yarmouth. Gay suggested we ask Peter Bingham if the North Yarmouth parks could be highlighted in the Cumberland/No Yarmouth Recreation Spring Brochure as the Cumberland parks were highlighted in the Fall issue. Peter will reach out to Peter Bingham with this request.

**Create the Brobst Lecture Series** - keep this on-going in 2022. Will wait to start when Covid is more under control, perhaps January. Al suggested we collaborate with NY Historical Society to provide a talk. Peter thinks NYHS would be very open to this idea, down the road a bit. Sub-committee, Peg, Ann and Gay have already approached Lisa Thompson about possibilities for lecture series and she is very supportive of the idea.

## V. New Business

**Steve would like to see more collaboration between Committees.** Steve suggested scheduling an Ice Cream Social the night before the Annual Town Meeting. Everyone seemed to like this idea. When town mtg date is confirmed, Gay will talk with Lisa T about scheduling I C Social at WHCC the night before TM

*There was a discussion concerning the **Select Board being aware of our activities and supporting them and Steve volunteered to present a summary at a Select Board meeting in January.** An addition from Al Ahlers*

**Gay reported on First Greeter Program.** Several bags have been delivered, but during Covid, no personal contact could be made; only 2 or 3 responses/thank you's were received in the past couple months. Ginny suggested having an article in the Town Newsletter about the First Greeter Program. Gay will write an article about the history of this program. Donna will ask for space in the Town Newsletter for this article. Article will also be put on our Webpage.

**Donna reported our website page needs to be re-done.** She will ask Deb Grover about this. Steve mentioned the possibility of a **Town-wide Picnic/Party**, inviting people through Town Social Media platforms. People who have received First Greeter bags in the past two years should receive written invitations.

**Housing Forum in November** - Scheduled for Wednesday, November 7 at 7PM & Sunday, November 10 at 1:00PM. Brian Sites asked LWN Y to provide Refreshments. Ginny, Steve and Ann will bake; LWN Y will buy Cider with LWN Y funds. Donna will confirm dates with Brian. There was a discussion concerning the Select Board being aware of our activities and supporting them and Steve volunteered to present a summary at a Select Board meeting in January. Al

**Zoom Meeting between CCLT Chris Cabot, (RRCT Carrie Ridgway is unable to attend, but will be informed of results by Chris), Lisa T, Gay, Ginny and Ann Thursday, October 20** to talk about the idea of combining the Wednesday walks we have been doing during Covid with the walks sponsored by RRCT (Royal River Conservation Trust) and CCLT (Chebeague/Cumberland Land Trust) on the 3rd Wednesday of each month to see if it makes sense to combine our efforts. Ginny sent locations of our scheduled walks for Wednesdays through December to Lisa T. The hope is that we could combine our efforts rather than dividing people between the two walks on the third Wednesdays. When the plan is solidified, Gay will make sure that Ginny and Lisa get the locations for the 3rd Wednesday walks so that they can be "advertised".

**VI Adjournment - Meeting adjourned at 8:20** Motion by Al; Seconded by Peter

**Next Meeting: Monday, November 15 @ 6:45 - 8:25**

Respectfully Submitted by Ann Dillon