

MINUTES

Living Well in North Yarmouth

May 17, 2021

Via Zoom

- 1. Attending:** Steve Palmer, Donna Palmer, Peg Leonard, Peter Lindsay, Ann Dillon, Al Ahlers, Gay Peterson, Ginny Van Dyke and Dick Woodbury, guest Speaker
- 2. Meeting called to order by Steve Palmer at 7:00pm**
- 3. Minutes of March 17th meeting approved**
- 4. Dick Woodbury: presentation on Maine Trails and East Coast Greenway. Vision of using old railbeds for long distance connectivity of hiking/biking Trails.**

Part of larger vision for North South trail from Key West to Calais. Vision of a Appalachian type trail only going through urban areas. Will draw upon Community support from different areas.

Going forward will require authorization and funding to convert rail beds. Individual communities will need to request authorization.

Will take time. Need to create buzz and bring together various town groups/ Organizations.
- 5. Old Business:**
 - A. LW status check of goals.**

First 2 domains covered this meeting. Next 5 covered during June meeting.

Domain: Outdoor spaces :

New goal: Work with Parks and Rec to create events to celebrate each Individual park.

Annual Kite Festival: 2021 “ Together Again”.

Create and support activities in Westcustogo Hall and Community Rm

Support Baston Park improvement project into 2022.

Domain: Transportation:

Explore ways to provide rides to NY residents.

(Peter will call Sarah at Cumberland Age-friendly for info)

Continuing support for Traffic calming initiative.

Explore/advocate for public transportation. (Al will contact Greater Portland Council of Governments)

B. Update on Kite Festival: Ann will use list of volunteers to create committee For festival planning.

C. Senior Housing Forum has been cancelled.

6. New Business:

Name change from Age-Friendly to Lifelong Community?

Following a bit of discussion it was decided to postpone a decision.

7. Meeting adjourned at 8:30pm

Next meeting will be held on June 21st in The Community Center at 7:00pm.

Respectfully submitted by Ginny Van Dyke

June 9, 2021