

4Living Well in North Yarmouth Minutes, 4/16/08

Present: Alvin Ahlers, Rod Duckworth, Priscilla Brobst, Donna Palmer, Gay Peterson, Ginny Vandyke, Steven Palmer

Meeting held in Community Center

Mission and Vision Statements

Rod Duckworth led the discussion. Based on a suggestion by Al Ahlers it was decided to include the Select Board charge for the committee in the presentation of mission and vision statements. Bullet points were preferred by the committee when finalizing the presentation of statements. Gay will prepare a "final" draft, hand it off to Donna for editing and then send it to committee members for approval or changes.

Thank you Rod for getting us to the point of completion on this task!

Action Plan

Donna established a current and future format for completing the charts for each of the 8 domains. Priscilla offered a suggestion on the annual trash day and Al offered up a number of suggestions which Donna will include in the final draft of domains.

Donna was thanked by the chair for the extraordinary efforts she has expended on the action plan proposal. Members expressed their thanks as well.

Donna did ask that each member submit a brief bio for inclusion in the action plan to be submitted to AARP. Donna asked if it would be appropriate to include Dick Brobst as an ex officio member in the list of members. The committee was unanimous in affirming the request.

Al offered up the idea of the historical society as an activity that might be quite fruitful under the domains of social inclusion and social participation. The group was enthusiastic about this idea. Contacting the historical society was not discussed but should be done. Steve will send a letter to Katie and a copy to Dixie.

Priscilla announced an afternoon communion service on May 6th? at the Congregational Church. This is a response to consider a more convenient time for disabled and older people who might be able to attend in the afternoon more easily than the morning. This will be tried again in the fall. Transportation will be offered by church members to those in need.

Sustainability

Al Ahlers expressed concerns on sustaining over time the events, action and activities sponsored by Living Well. He talked about expanding the list of volunteers that would be ready to pitch in when so asked.

Steve Palmer was hopeful that activities we are currently doing will generate a baseline of enthusiasm, support and commitment from residents who then would be willing to step up and take over when the time came for passing the torch. The group discussed the outreach being done to include other committees in our work, such as Parks and Recreation, Events Committee and even the Planning Board. The inclusion of other volunteer groups was seen as an important method of expanding volunteer support.

Ginny inquired about a way in which volunteer groups might come together in an event aimed at awareness of what is being done by the groups, time commitments and other essential information. The group felt this idea deserved greater thought and conversation. Steve asked Ginny and Gay to noodle the idea and see what could be recommended. More on this later.

Discussion of maintaining records on how events are organized: outreach, advertising/communication, volunteers, contact numbers, etc. This information would reduce duplication of efforts and make each event more streamlined. This will be helpful to those who receive the passed torch!

Good thinking group. So many worthy ideas.

Ice Cream Social

6-8pm April 27th. The group decided to expend up to \$300 on gift certificates to: North Yarmouth Variety- 2 at \$25, Toddy Brook- 2 at \$25 for a round of golf, The Purple House- 2 at \$25, Ames Farm Center- 2 at \$25, Stone's Cafe- 2 at \$25 and Toot's-3 at \$15. Ginny, Al and Steve will purchase the gift certificates, all to be reimbursed. Reminder: you must have a receipt if you intend to get reimbursed. You can bring the receipt to the town office. The certificates must be in the hands of Dick Brobst by 7PM Friday evening. If you need a certificate printed for whatever the reason contact Donna by Wednesday so she can have time to prepare one.

Table set up Friday at 10 AM. The Events Committee will co-host this event. Steve will make a poster of the gift certificate roster for the raffle.

Guests: North Yarmouth Troubadours, Jack (the Juggler) Streeter. I forgot to mention I did invite Peter Lacy and his family. He was a select person until December and it felt right to offer him a personal invite.

Priscilla will provide 6 Waterford Crystal bowls for raffle tickets!

Duck Race

After discussion, it became clear the number of questions caused doubt about having time to pull this off. It will be on the docket for next year. Best to keep an eye on water levels on the river and consider how to include the duck race in a Celebration of Our Parks theme.

Holding a park celebration received strong and positive discussion by the committee. Geo-caching, orienteering, scavenger hunt, perhaps a fairy village, and whatever people can conjure for activities in a celebration- grain bag races might be one, egg toss, other games for kids?? Steve will send a letter to the events and parks and rec chairpeople suggesting this idea.

Handyman Program

Donna asked that this be on our next agenda.

Meeting ended at 3:13

Next Meeting is May 14th, same time, same place.

Minutes submitted by Steven Palmer

As per usual, review minutes and make corrections, additions asap.

Thank you all. It has been a pleasure working with each and every one of you.