

Town of North Yarmouth

Living Well in North Yarmouth Committee

September 13, 2021

Agenda/Minutes

Via Zoom

- I. **Call to Order:** 5:30 pm
Attendance: Steve, Donna, Gay, Peter, Peg, Ann and Ginny
- II. **Minutes Approval** – June 21 Minutes approved unanimously.
- III. **Old Business**
 - **Meeting with Lisa Thompson about Community Events/Activities**
 - i. Gay and Peg met with Lisa on June 30. They discussed activities for families, working parents and young adults, and older residents. They discussed three kinds of events/activities: (1) Yearly Events (such as Fun Day, Kite Festival); (2) Ongoing Events (either weekly or monthly scheduled activities such as games, coffee gatherings); and (3) Lecture Series (many ideas were generated and potential speakers.) Noted that Lisa cannot run every event so will need Living Well and other volunteers to help.
 - ii. Gay, Peg and Ann met with Lisa on August 28. It was noted that many activities that had been scheduled were now being cancelled due to the rise again in the pandemic. Living Well representatives were very pleased that Lisa wants to collaborate wherever possible. Ann noted that the Volunteer List she maintains for Living Well has already helped community events: Deb Grover appreciated getting two new volunteers who have joined town committees, and Ann received interest from 8 volunteers who were willing to help out at the Kite Festival (which is now cancelled for 2021.)
 - iii. Volunteer List: The group discussed the need to re-new the list once a year to make sure people still want to be listed and to receive Ann's e-mails. Ann also agreed to add all Living Well Committee members to the e-mail list.
 - **Transportation Update:** Peter reported briefly that the person in Cumberland Rec Department has not been able to meet with him due to her unpredictable schedule due to her mother's worsening condition. Peter will try again to reach out later this month to check in.
 - **Living Well Goals:** Steve noted that we aim to review one or more of our annual goals at each meeting. He noted that Housing has been an ongoing goal, and we will discuss the progress on this goal under New Business below.
 - **Kite Festival:** Tony, our collaborator from the Nor'Easters Kite Club, called Steve about this year's festival. He was disappointed about the cancellation, but also agreed with the decision. Steve believes the Club will participate again when we are ready to fly the festival in the future.
- IV. **New Business**
 - **Senior Housing Forum:**
 - i. Gay attended the Select Board's public Forum on September 11. The meeting was an introduction and presentation on the different definitions for options such as senior

housing, affordable housing, nursing homes, etc. Donna will send out to the members Brian's powerpoint from the Forum.

- ii. Every member of Living Well voiced ongoing support for our participation in this issue.
- iii. Donna offered to Brian that LW can help with refreshments at the upcoming forums, tentatively scheduled for **Sunday, November 7 at 2 pm** (NOTE: Daylights Saving Time!) and **Wednesday, November 10 at 7 pm**. LW Members are encouraged to attend one of the two forums in November, and anyone who wishes may help Steve and Ginny with refreshments.

- **Community Recreation Space Planning:** Steve noted that Lisa Thompson has been charged by the Select Board to convene a group to plan this space which may include a Playground and other outdoor activities. David Reed is the Select Board representative for this effort.
- **North Yarmouth Historical Society "Shovel Ceremony":** Peter announced the "Shovel Ceremony" that is scheduled for next **Monday, September 20, 7:30 AM** at the new site for the Old Town House (where Wescustogo Hall used to be.) Robert Anderson is donating his services and his crew will start digging the foundation on Tuesday. The project's Fundraising Committee has raised over \$500,000 to date, and will be asking community members and friends to help reach the \$735,000 goal in support of this project.
- **Community Walks:** One of the ideas generated with Lisa is to have a weekly or twice a week walk for any residents interested. Ginny agreed to set up these walks, with the goal of having a weekly walk in one of the town's parks, which also is a way for LW to promote our parks and outside activities.

V. **Future Meetings:** Steve will review his doodle poll and try to pick a regular day and time for our monthly meetings. In the meantime, we set:

- **NEXT MEETING: MONDAY, OCTOBER 18 at 5:45 PM via Zoom.**
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