

Living Well North Yarmouth Committee

March 17, 2021 Meeting Minutes

Attendance

Donna Palmer, Peg Leonard, Al Ahlers, Steve Palmer, Ann Dillon, Peter Lindsay and Gay Peterson.

Feb. 18 Minutes

Moved to approve the minutes by Gay Peterson. Seconded by Al Ahlers. Approved unanimously. Donna will send the minutes to Cheryl at Town Office.

OLD BUSINESS

LWNY Recreation Survey

- Donna and Gay presented the report to the Select Board yesterday, using the powerpoint presentation developed by Peg. It was noted that the work Peg did made the presentation easy and accessible! Only three Select Board members were present; there was no discussion and only a couple of questions. The Board did not discuss any next steps to be taken based on the survey results. Steve asked the Board to respond to the survey results and noted that Living Well is available to assist the Board when they are ready.
- Deb Grover posted the survey results on the town website.
- Peg offered to reach out to the Forecaster to see if they will do a story about the survey and the results.
- The group decided to wait one month to see what actions, if any, are taken by the Select Board. If no action is taken after one month, it was suggested that a member of the community could inquire about next steps during the public discussion section of the Select Board's agenda.

First Greeter Program Update

Gay reported:

- 67 bags were initially compiled and then distributed.
- Ten more bags were then compiled with updated information and a new flier from the Community Center.
- Three referrals came in response to the town's online newsletter.
- Five of the ten new bags have already been delivered.
- Gay will get update on town property transfers next month so we can continue to reach out to new residents in town.
- A suggestion was made to have a special warm welcome to new residents at the Town Meeting. Steve will suggest this to Rosemary. Town meeting this year will adhere to the Governor's pandemic guidelines, and the plan at this time is to have up to 100 people in Wescustogo Hall and an additional 100 people in the Gym, with technology so that all

can hear the moderator and questions from the audience. The Town Meeting will be recorded, but there is no plan at this time for people at home to be able to live stream the meeting.

Living Well Committee Goals

- Steve sent members the 2019 Goals to review.
- He asked the members to review the goals and the committee will update and modify for 2021 goals at the next meeting. Several members had initial reactions and ideas on modifying the goals.
- Members are asked to send Steve suggested edits and changes **by March 26**. Steve and Donna will edit the Goals and present them back for review and final changes at the next committee meeting.

Kite Festival

- Scheduled for October 2.
- Pan Fried Steel already reserved for the Festival.
- Ann will contact John Williams to see if North Yarmouth Troubadours can perform for an hour or hour and a half. Musical groups are paid \$300 or a donation of \$300 will be made to an organization of their choosing (Troubadours are part of 317 Main Street.)
- Ginny has suggested having cardboard sledding at the Festival.
- Other ideas are welcome, such as pony wagon rides, model cars, Pat's Pizza for ice cream, cider sales by North Yarmouth Historical Society... Send ideas to Steve.
- Steve will contact Lisa to make sure there are no conflicts with Community Center events and to talk about collaborations. Members are unsure what Fun Day plans may be in the works for this fall.
- Steve noted the North East Kite Fliers support our event each year. He also noted there is no rain date for this event.

NEW BUSINESS

Volunteer Coordinator Report

Ann reported:

- Corrected 9 of 12 e-mails that were incorrect from the survey.
- Reached out to the full volunteer list with three volunteer opportunities this past month, and a fourth event is in the works. A busy first month for Ann!
- Peter asked that our committee members be included in the e-mails about future volunteer opportunities, both in case we wish to volunteer and so we know what is being sent to potential volunteers in town.

Bicycle Coalition Update

- Members agreed we want to continue to support efforts for slowing traffic in town, even as the Public Works Department works on making changes in the center of town.
- Suggested we get Slow ME Down signs from Bicycle Coalition to place around town.

- Al will contact Angela King at the Coalition and request ten signs for our town that Living Well members will put up and monitor.
- The letter to trucking companies has been signed by all committee members (thanks to Steve!), and the letter is now at Town Office. Town Office staff has the company contacts and will mail the letter to each company.

OTHER BUSINESS

Al noted he is waiting for news from Maine's DEP concerning the Baston Park project.

NEXT MEETING:

- **Wednesday, April 28 at 7 pm via Zoom.** (NOTE: This is not the third Wednesday of the month, but is changed to April 28 to accompany a committee member and so the meeting is after Town Meeting.)
- Minutes takers: April – Ginny; May – Ann; June – Gay.

Minutes submitted by Peter Lindsay