Living Well in North Yarmouth Committee 6/17/2020

Attendance: Steve Palmer (Chair), Donna Palmer, Peg Leonard, Al Ahlers, Jay Fulton, Gay Peterson, Ginny Van Dyke, Peter Lindsay

- I. Minutes: Motion was moved and seconded to approve the minutes from the February 19, 2020 meeting. Motion was approved unanimously.
- II. Traffic Calming: Al updated and noted that, if the town budget is approved by the voters, then traffic calming work will proceed by the town. The work will build on the tests done last year, making the installations more permanent. Living Well is willing to help with next steps, if needed. The group decided to wait until the vote happens in July, then talk about possible next steps. Next steps for the committee could include signage, kites, and community education.
- III. Future of the Committee: Steve noted that several projects this past year have not been overly successful. He noted that only one person has taken consistent use of the Transportation Project managed by Ginny. He noted that the follow-up calls from the Fire Department to check on elderly members in the community started with a list of 50 people, but based on the Committee members' calls, the list was quickly reduced to about 12 people who are interested in calls, and even while they seemed to like the calls, most had others in their lives looking out and helping them already. The group added that the book library in the Community Center and efforts to start a Cribbage Tournament and ongoing Ping Pong nights have also struggled to get participants, even before the pandemic started.

It was noted that Pickleball, the Kite Festival, and the Ice Cream Social have been great successes.

There was discussion about the First Greeter Program, and the lack of referrals on new families coming in to town.

Members noted that the pandemic has negatively affected First Greeter, and other events have had to be cancelled. The group decided this does not show that the Committee's work is not important, but rather, like so many other events and activities, the Living Well Committee is on hiatus due to the pandemic.

Discussion included how to best incorporate social events such as the Kite Festival and the Ice Cream Social into the ongoing events sponsored by the Community Center. Members hope these events can become part of the Community Center's events for the year.

Steve offered to speak with Rosemary about the next steps for traffic calming, and ways to incorporate Kite Festival and Ice Cream Social into the Community Center's work. Members approved this next step.

IV. Baston Park Update: Al reported that Sevee & Maher have been hired to complete a topo survey and plan for removing silt from the old channel. Next steps will be decided based on this study. Steve reported that Royal River Conservation Trust contributed \$5,000 seed money for this project to move it forward.

- V. New Business: Scavenger Hunt by Events Committee. Members discussed the Events Committee request for five Scavenger Hunt questions and possible prizes from each town committee. The Committee brainstormed nine questions and Peter offered to send these ideas to Jason. No prizes were offered at this time.
- VI. Next Meeting: Wednesday, July 15, 5:30 pm, parking lot at Community Center
- VII. Meeting adjourned at 6:40

Minutes recorded by Peter Lindsay