

Living Well In North Yarmouth Minutes
June 18. 2018

Attending: Al Ahler, Donna Palmer, Gay Peterson, Steven Palmer

RC Event: certain issues have arisen regarding insurance. Hopefully this will be solved and the event will happen. Food to be provided through the Historical Society.

AARP National call to action: not sure how best to describe what is being offered but the group was clear there was no time nor interest in pursuing this opportunity

Issues LWN Y is interested in pursuing over the summer and into the fall: Committee members expressed the need to research housing, sidewalks, TIFs, traffic calming options for the center of town. These were regarded as important parts of the action plan(8 domains) that the committee should be working on. Opinions expressed by respondents to the survey indicated sidewalks was important. The committee also felt it important to pursue conversation with Vanessa Farr to assist in having a dialogue that would reinforce/support the Master Plan for the community. Steve will contact Vanessa to follow up with her offer to discuss planning as it relates to the topics expressed and to explore other issues we may not have considered.

Volunteer Campaign: Donna informed the members of the large sign available to elicit interest among residents to consider how they might offer help. It was agreed our committee would start in earnest in the fall when it was felt people are most likely to consider their availability for serving. Gay suggested we assign committees to cover events where people are most likely to participate. It was agreed this campaign is a vital function of our committee's work as we look to the future. New blood is needed and this campaign will hopefully achieve positive results. While doing this we should be keeping a steadfast eye on community members who might become members of LWN Y.

Duplication of effort: Donna, as chair of the Events Committee conveyed the concern of that committee that LWN Y is doing events when the Events committee should perhaps be doing so. It was agreed that when we do any event that we make certain invitations are offered to the Events committee where they can then jump in and participate or even assume full responsibility. We discussed burnt out and further reiterated the need to have a call for new volunteers, infusing new energy into the work of committees. The committee also discussed that we keep the activities to a manageable number. The cribbage tournament, ice cream social, the kite festival and perhaps the RC event may be the limit of what our committee chooses to sponsor. As part of the discussion social activities were deemed important and need to continue(although activities may change??) as we get further into the work of the committee.

We also discussed the importance of staying vigilant to the issues of social isolation.

Next meeting will be to meet with Vanessa and then we will next meet as planned in September.